

**Conexiones Latinas  
Cuatro Condados Unidos  
Jefferson-Walworth-Rock-Dodge**

***The mission of Conexiones Latinas is to inform and educate the Hispanic community of the services available in the counties of Dodge, Jefferson, Rock & Walworth.***

For those of you who don't read Spanish, but have an interest in what *Conexiones Latinas* is all about, we will be including a brief summary in English of the articles included in the newsletter. If your organization would like to submit an article or other information for publication in future editions of *Conexiones Latinas* feel free to do so. Information which is time specific should be submitted at the beginning of the quarter **PRIOR** to the quarter in which your event will take place. Publication dates for the year are January, April, July, and October. We want *Conexiones Latinas* to work for you, so let us hear about your organization, upcoming events and information of interest to our community.

Information should be written and ready for publication when it is submitted. If possible, submit the information in Spanish. If this is not possible, you may send it in English and it will be translated by a *Conexiones Latinas* volunteer. Submit information to: [info@conexioneslatinas.org](mailto:info@conexioneslatinas.org)

**January/February/March 2021**

**Eligiendo a un Preparador – Choosing a Suitable Tax Preparer**

Tax preparers see a lot of confidential information about their clients. If you pay someone to prepare your taxes, the majority of them are honest, but every year the IRS sees the financial suffering caused by choosing the wrong tax preparer. Visit [www.irs.gov/choosataxpro](http://www.irs.gov/choosataxpro) to see credentials and qualifications of tax preparers.

Be suspicious of any tax preparer that:

1. Promises you a big refund before seeing your documents.
2. Asks you to sign a blank or unfinished tax return
3. Deposits your return into their bank account.
4. Refuses to sign their name and put their identification number at the end of the tax return.

Other information about what information is needed for filing a tax return is also presented.

**211 – Help starts here**

If you need help with any type of problem, call 211. They will connect you with thousands of governmental and non-profit services in your area. If you need personal assistance, just dial 211. Available 24/7/365. They speak Spanish.

**Día de la Bandera – Mexican Flag Day is celebrated February 24**

This article gives some history on the origins of Mexican Flag Day, along with the significance of the colors in the flag, and how the day is celebrated.

**Poder y Control – Power and control in dating relationships**

When one person in a relationship repeatedly scares or hurts the other person, that's abuse. The power wheel gives examples of each form of abuse. Remember that abuse is much more than hitting someone. Some of the other forms of abuse include: Minimize and blame, intimidation, sexual abuse, physical abuse, threats, domination, humiliation, and being possessive. If you need help, call the numbers listed.

**Desarrolle el Cerebro – Develop your child's brain with these Vroom activities**

Whether it's mealtime, bath time, or anytime, there are always ways to develop the growing minds of our children. Different activities for various ages are suggested, along with the science behind the action being taken. To see more tips, download the Vroom app from [www.talkreadplaywi.com](http://www.talkreadplaywi.com)

### **Winther Counseling Lab**

Free, confidential and open to the general public. The Winther Counseling Lab offers counseling services to the community. Services are provided by counseling students that are finishing their Master's Degree at UW Whitewater. Services are offered in Spanish. Call 262-472-2842 to make an appointment.

### **Feliz Dia de los Reyes – Happy King's Day**

This article covers the celebration of Dia de los Reyes on January 6, 2021. This is an important event in Christian countries and marks the last day of the Christmas holidays. That evening the kings take gifts to the homes of children who have been good during the year. Info about the history of the kings and the significance of the day are also explained.

### **Head Start**

#### **Si existe la luz... There is a light at the end of the tunnel**

There are always challenges to face and battles to overcome, but behind those challenges and in the midst of those battles there will always be a lesson to learn, a story to tell, but above all there will always be a triumphant heart that fought for its freedom.

Admit that everything doesn't turn out the way you want it to. Take control of what you can control. Focus on your successes. If you focus on the positive things about your experiences, you will have a better attitude move forward.

### **WE Energies energy saving kits**

Energy saving kits are available from WE Energies. They will send plastic to cover approximately 5 to 6 windows, caulk and some other supplies absolutely free. If you are interested in this offer, call 800-242-9137, option 0, option 8 and option 3 to request a free kit in Spanish.

### **Trabajando de manera segura - Working safely: COVID019 and your job**

This information is provided by the Wisconsin Department of Health Services and lists what to do if you think you have been exposed to COVID-19 at work. Various resources are listed through links to different documents and pages on the DHS web-site. This information is available in English at [www.dhs.wisconsin.gov](http://www.dhs.wisconsin.gov)