

**Conexiones Latinas
Cuatro Condados Unidos
Jefferson-Walworth-Rock-Dodge**

The mission of Conexiones Latinas is to inform and educate the Hispanic community of the services available in the counties of Dodge, Jefferson, Rock & Walworth.

For those of you who don't read Spanish, but have an interest in what *Conexiones Latinas* is all about, we will be including a brief summary in English of the articles included in the newsletter. If your organization would like to submit an article or other information for publication in future editions of *Conexiones Latinas* feel free to do so. Information which is time specific should be submitted at the beginning of the quarter **PRIOR** to the quarter in which your event will take place. Publication dates for the year are January, April, July, and October. We want *Conexiones Latinas* to work for you, so let us hear about your organization, upcoming events and information of interest to our community.

Information should be written and ready for publication when it is submitted. If possible, submit the information in Spanish. If this is not possible, you may send it in English and it will be translated by a *Conexiones Latinas* volunteer. Submit information to:

Conexiones Latinas
c/o Jodi Roberts
520 Handeyside Lane, Suite 3
Fort Atkinson, WI 53538 or fax to (920) 568-5023

April/May/June 2019

Cambios propuestos...Proposed Changes in Immigration Laws

What is Public Charge?

Maybe you've heard about proposed changes to federal immigration laws. These changes would broaden the definition of the "public charge" test in the future. The changes may affect whether someone decides to use public benefits in the future. (Welfare, Medicaid, Food Stamps) These changes have not happened yet and only apply to certain groups of people. Until the proposed changes are approved, the current "public charge" law is applied.

Who Does this apply to?

The "public charge" test only applies to:

- * People who are outside the US asking for a visa to enter the US;
- * People applying for their green card (permanent residency);
- * Green card holders (permanent residents) reentering the US after spending 180 days or more abroad.

How is Public Charge test decided now?

The "public charge" test exists under current immigration laws. It is a test to see if a person will depend on the government financially. Currently, (as of 2/15/19), the only public benefits the government considers in the "public charge" test are:

1. cash assistance for the maintenance of income (for example Welfare, SSI) and
2. institutionalization for long-term care by the government.

Currently, the government must consider several factors (not just the use of public benefits) to decide whether a person is likely to become a "public charge." Benefits that a person's family members or relatives use (including their children), are generally not considered when the government carries out the "public charge" test.

What are the consequences of becoming named a public charge?

If the government decides someone is likely to be a "public charge" their application for entry into the U.S. or for a green card may be denied.

How will the changes affect me?

In October 2018, the government announced it may change the "public charge" test. So far, the proposed changes have not become law. If the public charge test changes, it will not be backdated or retroactive. People receiving benefits will have some time to decide if they want to keep receiving benefits under the new "public charge" test.

Where can I find out more? You may have questions about whether the current "public charge" law applies to you. You may also have questions about what the proposed changes mean for your family. It is important to get more information before canceling your benefits or the benefits of your family members. There are also up to date resources and information in Spanish and English at <https://protectingimmigrantfamilies.org/resources/>.

If you have questions or concerns, about benefits only, you may call Legal Action of Wisconsin toll-free at (855) 947-2529. If you have questions about how this can affect your immigration status, contact the University of Wisconsin Law Immigration Clinic at (608) 890-3753.

Check out our new mobile-friendly web-site... www.conexioneslatinas.org
To get information in between editions of the newsletter, follow us on Facebook!
www.facebook.com/conexioneslat

WINTHER COUNSELING LAB

Department of Counselor education At the University of Wisconsin - Whitewater

Our Mission -Learning & Serving....supervised counselors-in-training providing counseling and outreach services to the campus and community.

The Counseling Lab is staffed by UW-Whitewater graduate students working toward their Master of Science (Counseling) degree. Supervision and consultation is provided by faculty in the Department of Counselor Education.

University students and staff as well as children, adolescents, adults, couples, and families in the community can utilize the counseling services at Winther Counseling Lab.

Services are free (fees assigned to mandated services only), confidential, and open to the public.

To schedule an appointment: Call (262)-472-2842 or stop by Winther Hall 3004. We are open from 9:00am-5:00pm, Monday through Thursday (during the academic year). Lab staff is not always available to take your call. Please leave your name and a telephone number in order for our lab assistants to return your call.

Where is Winther Counseling Lab? The Counseling Lab is located in Winther Hall (3004) at the university.

When can I meet with a counselor? Appointment times are offered during the following hours when the UW academic year is in session. Monday -Thursday, 9:00am-8:00pm

What is counseling?

Counseling is a collaborative process in which clients are assisted in exploring areas of concern, defining goals, and implementing strategies to meet those goals.

Specific issues addressed in counseling sessions may include (and are not limited to) the following: stress, relationships, self-esteem and confidence, anxiety, depression, grief, body image and life transitions/changes. Sometimes participating in counseling helps an individual to simply explore new possibilities in life.

Winther Counseling Lab is not available for emergency services.

Ayuda legal...Free legal services for Agricultural Workers and Dairy Workers

You have the right to...

- Be paid for every hour that you worked – even if you quit your job or are fired from your job
- Receive a pay statement that shows you how much you earn per hour and the number of hours you worked in a pay period
- Receive a pay statement that explains any deductions that were taken from your paycheck
- Be paid at least the minimum wage of \$7.25 per hour

Legal Action of Wisconsin offers free legal advice and representation to farmworkers and their families. We offer advice and representation on a variety of legal issues including worker rights, public benefits such as Foodshare and healthcare, immigration and health and safety in the home and workplace. Free and Confidential Legal Help 855-947-2529

Dia del Nino... Children's Day

Children's Day in Mexico is celebrated on Tuesday, April 30, 2019. It is a commemorative date, dedicated to the little ones. On this day many cultural and entertainment activities are held for them. It is also traditional to give toys and gifts from parents and loved ones. In the schools various activities are carried out to commemorate this day, such as festivals and field trips. Do not forget that Children's Day in Mexico is a date to remember the rights of children. A day dedicated to the most disadvantaged children, such as those found in hospitals and Orphanages.

Origin: "Children's Day" was established on December 14, 1954 by the General Assembly of the United Nations (UN). They then suggested that governments create a Children's Day on the most convenient date for each country. In Mexico it is celebrated every year and officially on "April 30". For information about activities for Children's Day visit our Facebook page: YWCA Rock County Immigration and Domestic Violence Program.

Abril es el Mes...April is Sexual Assault Awareness Month

What is Sexual Abuse?

Sexual abuse is defined as any sexual activity between two or more people without the consent of any of them. Sexual violence against women is considered by the World Health Organization as a public health problem, as well as a violation of their rights. Statistics in the United States * About 1 in 5 (18.3%) women and 1 in every 71 men (1.4%) are raped at some time in their lives. * 37.4% of women victims of rape in adulthood report having been raped first between 18 and 24 years old. * Among the adult women surveyed, 15.6% were Hispanic. * 12.3% of women victims of rape, as well as 27.8% of men were raped when they were 10 years old or younger. * In a study with university women, 19% of them reported experiencing sexual harassment or being victims of an attempted assault since entering college. * Among women victims of domestic violence at the hands of their partner, who had requested an order of protection, 68% reported that they were victims of rape and 20% of these women said they had become pregnant due to rape. * 51.1% of those responsible for sexual violence against women are the partners or partners of the victims, with 12.5% of them being family members and 13.8% unknown.

In the Hispanic community, it is still taboo to talk about domestic violence and sexual assault. As a community, we must unite to attack this program that is affecting our people enormously, in order to break the cycle of violence and offer future generations a brighter future free of violence. We must stop blaming the victims: "She/he looked for it!"; "Look how she/he was dressed?"; "Why was she/he in that place?"; "Why was she/he dancing so provocatively?"; "Why was she/he drinking liquor?"; etc.

We must also stop continuing to exonerate the abuser: "He/she was drinking and did not know what he / she was doing!"; "She/He provoked him/her!"; "She/he insinuated himself and he/she could not resist!"; "The flesh is weak in the face of temptation!"; etc. Studies reveal that approximately 60% or more of the Hispanic community does not report sexual assault to the authorities, nor seek help; these issues are not discussed either at home or in the community. Most victims are silent because of fear and shame. If you or someone you know has been a victim of sexual abuse, call us for more information and assistance. Our services are confidential and free YWCA Rock County 608.752.5445

Nueva Oficina... New PAVE office in Watertown

My name is Maria Kubota-Abgoon and I am the bilingual advocate for the PAVE office in Watertown. I started working for PAVE 5 months ago and I am very happy to know that through this organization I will have the opportunity to help Spanish speakers. PAVE is an excellent organization which protects, defends, values and educates victims of domestic violence and sexual abuse. We have 24-hour crisis line services throughout the year, a safe 5-bedroom shelter staffed 24 hours a day, family advocates and sexual assault advocates who work directly with the victims, legal advocates who provide information and help with legal papers as well as providing counseling options and work with victims and families so they can achieve a life free of violence. One of my main goals is to have a Spanish-speaking support group for victims of domestic violence and sexual abuse. We are at your disposal, our phone number is 1800-775-3785, or send us a text message at 920 344 0123. Call us!

What is Girl Scouts?

For 100 years, Girl Scouts has developed girls of courage, confidence, and character who make the world a better place. Girl Scouts is America's largest organization of girls, with 2.3 million girls (ages 5 to 17) from every culture who are supported by nearly 1 million adults. The Girl Scout

Leadership Experience (GSLE) allows girls to have fun with peers, while developing leadership qualities that will serve them for the rest of their lives. Two-thirds of America's most accomplished women in government, science, business, and the arts were Girl Scouts. Today, many Latinas are discovering Girl Scouts. Participation by young Latinas and their mothers has grown exponentially in the past five years and there are now more than 350,000 Latinas in Girl Scouts.

WHAT DOES GIRL SCOUTING DO FOR GIRLS?

Our mission is this: Building girls of courage, confidence, and character, who make the world a better place. Girl Scouts helps girls become leaders in their daily life, from now until they are presidents, CEOs, or stay-at-home moms. Girls know their own values and Girl Scouts builds the confidence to act on them in school or church, at home or in the park. Girl Scouts teaches girls how to team up with other people, resolve conflicts, and lead groups. Girl Scouts gives girls a new perspective on the world. Girls learn to see problems from different angles, with a goal to understand and solve them—whether its getting more food into the local food pantry, helping an fellow student with homework, or lending a hand to an elderly neighbor.

HOW MUCH DOES GIRL SCOUTING COST?

A full year of Girl Scouting, including the book, costs less than \$50. Financial assistance may be available.

Abril es el Mes..April is National Child Abuse Prevention Month

What is the Month of Child Abuse Prevention? The month of prevention of child abuse is celebrated every year in April by a decree presidential. On this date the importance of providing security to children, in a pleasant environment and where they can grow with all their potential, so that Then they become responsible members of society. Statistics about Abuse • Every 4 children die each day as a result of the abuse and 3 of these victims are under 4 years. • Abuse is reported every 10 seconds. • 36.7% of all women and 14.4% of all men in prison were abused as children. • Children who were sexually abused have 2.5 times more the tendency to use alcohol and 3.8 times more of being addicted to drugs. • One third of abused people in the future will abuse their children. How can we prevent child abuse? The people who take care of infants, adults and society, in general, have a moral obligation to protect all children and free them from these abusive experiences. Communities and schools can raise the level of awareness through parent education programs and campaigns public education In case of emergency or If you suspect or are worried about Some child who is being abused or is a victim of some negligence, can contact local police to ensure the immediate protection of the abused child. For more information or assistance can be communicated with YWCA Rock County our services are free and confidential. 608.752.5445

What is the ADRC?

An Aging & Disability Resource Center (ADRC) is the place for adults to find information and assistance on a wide-range of topics related to aging or living with a physical, intellectual, or developmental disability. ADRC services are free of charge and available to Walworth County residents, regardless of income and resources.

The ADRC of Walworth County provides multiple services, including information and assistance, long-term care options counseling, and benefits counseling.

Information and Assistance

Specialists at the ADRC are available on a daily basis to provide you with information about services, resources, and programs in areas such as disability and long-term care, living arrangements, health, adult protective services, employment and training for people with disabilities, home maintenance, nutrition and publicly funded programs. You can call the resource center about a wide variety of topics from home care to hospice services, from legal issues to Alzheimer's care, from job help to education.

Long-Term Care Options Counseling

Long-term care is any service or support that you may need because of a disability, getting older, or a chronic illness that limits your ability to do the things that are part of your daily routine. This includes things such as bathing, getting dressed, making meals, going to work, and paying bills. ADRC Specialists offer information about the options that are available to meet your long-term care needs. ADRC Specialists discuss factors to consider when making long-term care decisions. The ADRC Specialist provides objective information to help you plan your own care and consider how to best spend your personal resources.

What is Benefits Counseling?

An elderly or disability benefit specialist can provide you with accurate and current information about private and government benefits and programs for which you may be entitled. They help to sort through the maze of benefits, the varying eligibility requirements and application processes. Benefit specialist can also help when people run into problems with Medicare, Medicaid, Social Security and other benefits. An elder benefit specialist is available to assist older adults and a disability benefit specialist is available to assist adults with a physical, intellectual, or mental health disability.

The ADRC of Walworth County is located at the east entrance in the Health and Human Services building at W4051 County Road NN, Elkhorn. The hours of operation are from 8:00 a.m. to 4:30 p.m., Monday through Friday. To contact the ADRC of Walworth County, call (262) 741-3400, 1-800-365-1587, e-mail us at walcoadrc@co.walworth.wi.us, or simply walk in during our normal hours of operation.

ADRC of Jefferson County – 866-740-2372

ADRC of Dodge County – 920-386-3580

ADRC of Rock County – 608-741-3600

Save the date! Cinco de Mayo Fiesta

Como Preparar Agua... How to make flavored water

Summer is a great time to get outside and play, go for a hike, or visit the park. Warm temperatures and being active mean that you need even more fluids to stay hydrated. Water is best to avoid added sugars and extra calories, but it can be boring. Making your own flavored water is easy. Kids of all ages will love to help and the whole family will enjoy the added fun and flavor. Store in the refrigerator in a see-through pitcher so everyone will want to have a try!

How to make your own flavored water:

1. Pick fruits and herbs with lots of color like berries, kiwi, oranges, melon, cucumber, or mint. Use your family's favorite flavors and what you have on hand.
2. Put fruit in a pitcher or large storage container and gently mash with the back of a spoon. Fill up with water.
3. Put in the refrigerator and let it sit for about 12 hours for the most flavor.
4. Serve and enjoy!

Many working families participate in WIC and WIC does not look at immigration status when applying. If you would like more information or you would like to see if you qualify for WIC (The Special Supplemental Nutrition Program for Women, Infants and Children), call your local WIC office: Dodge County (920) 386-3680/Jefferson County and City of Watertown (920) 674-7189/Rock County (608)754-3722/Walworth County (262)741-3146.