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¿Sabía usted que... Did you know you can prepare taxes using a tax ID?

This article reminds people that they can file their taxes with a tax ID number if they don't have a social security number. There are requirements in order to obtain a tax ID number, and those are listed too. For more information, contact your tax provider.

Lo Que Todos...What Everyone Should Know About Antibiotics

This article explains that antibiotics are only good for treating bacterial infections, not viral infections. It reminds people that antibiotics are usually not required for treating colds or flu which are caused by viruses. It also reminds people not to share prescriptions with friends or family members. Taking antibiotics when they are not needed can actually cause problems with bacteria becoming resistant to some overused antibiotics.

Información de Salud... Health Information for Senior Citizens

The National Institute on Aging Information Center provides information about symptoms to look for and medical screenings that are recommended for Senior Citizens in relation to cancer. If detected early, some cancers can be curable, so being aware of the symptoms to look for and what screening tests should be done regularly are important steps in staying healthy or receiving prompt medical attention when needed. Phone numbers are included for more information.

Premios Otorgados... Governor's Award

Alma Mann, a member of the Board of Conexiones Latinas and a worker with Unidos, was awarded the Justice Award in honor of her work with the Latino community in relation to domestic violence issues. Great job Alma!!

Órdenes de Protección ...Restraining Orders

This article explains what a person needs to do in order to obtain a restraining order. It explains the application process, starting with a temporary order of protection to serving papers on the other party to getting a lawyer.

Condado de Rock... Instructions for Filing a Legal Complaint in Rock County

This article gives information about all the steps required in Rock County for filing a legal complaint against another person. Information in English can be obtained by calling the YWCA Hispanic Outreach Program at 608-752-5445.